

# HAND WASHING SONGS

When sung at the appropriate pace, these songs will last for **20 seconds**.  
Remember to practice first so that you teach your children the right pace!

## Tune: "Row, Row, Row Your Boat"

Wash, wash, wash my hands,  
Make them nice and clean!  
Rub the bottoms and the tops  
And fingers in between.

*-Repeat twice-*



## Tune: "Frere Jacques"

Top and bottom, top and bottom,  
In between, in between.  
Rub them all together,  
Rub them all together.  
Now I'm all clean, squeaky clean.

*-Repeat-*

## Twinkle, Twinkle, Little Star

Twinkle, twinkle little star,  
See how clean my two hands are.  
Soap and water, wash and scrub,  
Get those germs off, rub a dub.  
Twinkle, twinkle little star,  
See how clean my two hands are.



## The Alphabet Song

A-B-C-D-E-F-G,  
H-I-J-K-L-M-N-O-P,  
Q-R-S-T-U-V-W-X-Y-and Z,  
Now I know my A-B-C's,  
And I've washed the germs off me!

